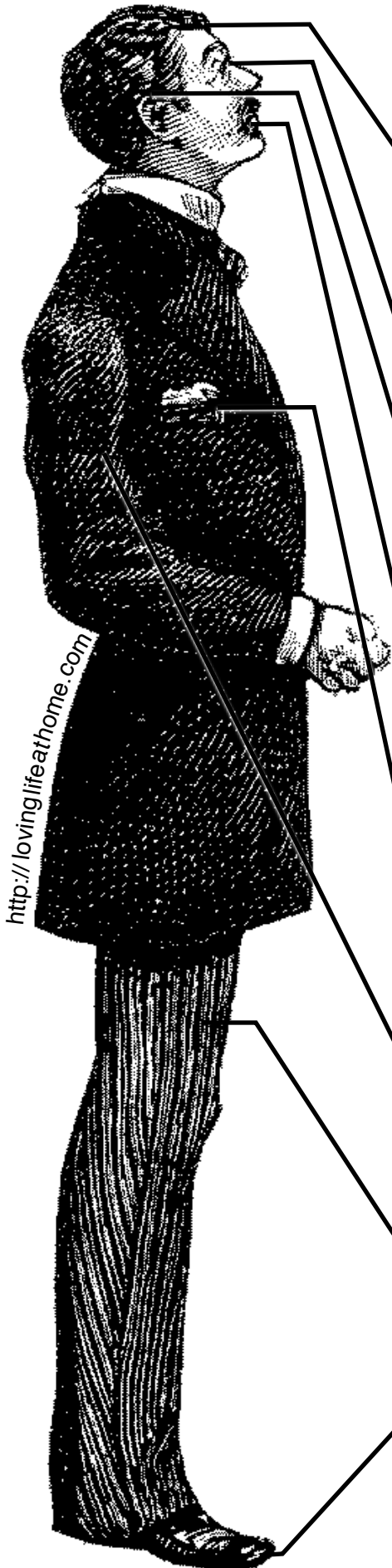


# PRAYING FOR YOUR HUSBAND FROM HEAD TO TOE



## **Pray for His Brain:**

Ask that God would keep it sharp and focused and that his thoughts would not be conformed to this world, but would be transformed and renewed by the power of God. (Romans 12:2)

## **Pray for His Eyes:**

Ask that he would guard them diligently and would set no worthless thing before them. (Psalm 101:3)

## **Pray for His Ears:**

Ask that they'd be tuned to hear God's still, small voice and that your husband would always remain attentive to the Holy Spirit's promptings. (1 Thessalonians 5:19; Isaiah 30:9)

## **Pray for His Mouth:**

Ask that no unwholesome talk would proceed from it, but only what is good for building others up. Pray that your husband would always and only speak the truth in love. (Ephesians 4:15, 29)

## **Pray for His Heart:**

Ask that Christ would sit enthroned upon it, that your husband would love God with all his heart and soul and might, that he'd love his neighbor as himself. (Mark 12:30-31) Pray for his heart to remain soft toward you (Proverbs 5:18-19), and to be knitted to the hearts of his children. (Malachi 4:6)

## **Pray for His Arms:**

Ask that God would strengthen them and make them firm. Pray that your husband would take delight in his labor and that God would bless the work of his hands. (Psalm 90:17, Ecclesiastes 3:22)

## **Pray for His Legs:**

Ask that God would give him strength and stamina, that your husband might run with endurance the race that is set before him, without growing weary or fainting along the way (Hebrews 12:1; Isaiah 40:31)

## **Pray for His Feet:**

Ask that they'd be quick to flee from temptation, to turn away from evil, and to faithfully pursue wisdom, righteousness, peace, love, and truth. (2 Timothy 2:22; Psalm 34:14; Proverbs 4:5-7)